



CLINICAL COUNSELLOR

TORONTO, ON | FULL-TIME, 2-YEAR CONTRACT

OVERVIEW

Our client is a not-for-profit organization that is recognized for providing supportive resources for youth and families in Toronto. Through building on their strengths, life skills, and connecting youth and their families to necessary resources, our client's mission is to strengthen their overall well-being, mental health, and intellectual development.

POSITION OVERVIEW

The Clinical Counsellor is responsible for facilitating a variety of psychoeducational and therapeutic groups at one of the organization's housing programs. The position will also provide single session and brief individual and family counselling, case management, education, advocacy, and consultation to support youth and their families or caregivers presenting with mental health, emotional or behavioral issues at the head office location and occasionally at the housing location.

ROLE OVERVIEW

In this role, you will have the opportunity to:

- Facilitate psychoeducational and therapeutic groups and provide brief and ongoing individual, family and parent counselling.
- Make appropriate treatment recommendations in collaboration with clients.
- Assess effectiveness of group and counselling support and collaboratively alter approach to suit client needs.
- Prepare documents and other resources for client and group sessions – take clinical notes during or after group and counselling sessions, enter information, and prepare letters and reports.
- Manage cases – follow up by telephone; make appropriate referrals; research and coordinate internal and external services; work with multidisciplinary professionals, such as child protection and youth justice.
- Report to appropriate person or body any incidents that may jeopardize client, staff or community safety.
- Develop professionally through supervision, team meetings, case consultations, external training events.





- Actively contribute to the Agency's Strategic Plan by participating in initiatives and committees to support the overall Plan.
- Take all reasonable and necessary precautions to protect their own health and safety and that of co-workers by complying and demonstrating knowledge of the policies, procedures and safe practices established by the organization.

QUALIFICATIONS & SKILL SETS

- Master's Degree in Social Work, Psychology, or directly related discipline.
- Must be a full member in good standing with a relevant governing body.
- 2 years' experience in clinical counselling.
- Specialized training in brief and single session clinical counselling models (such as; Solution-Focused Brief Therapy, CBT, Narrative, etc.), training in psychoeducational and therapeutic group work, evidence-based practices, familiarity with outcome informed approaches and trauma informed practices, diversity and anti-oppression training, familiarity with standardized assessments.
- Knowledge of community services, relevant legislation, and social justice issues.
- Familiarity with suicide/risk assessment and crisis support services.
- Operating from an Anti-Black Racism lens.
- Ability to speak French and/or additional languages is an important asset.
- Flexibility to work up to 2 evenings (after 6 PM) per week.

This is an amazing opportunity for a highly motivated individual who is passionate about helping marginalized and vulnerable youth! To apply, please contact Nicole at nicole@podgroup.ca. We welcome an exploratory discussion with all those who have an interest and present their resume. For additional information, please visit www.podgroup.ca.

