



## CLINICAL COUNSELLOR

TORONTO, ON | FULL-TIME, PERMANENT

### OVERVIEW

Our client is a not-for-profit organization that is recognized for providing supportive resources for youth and families in Toronto. Through building on their strengths, life skills, and connecting youth and their families to necessary resources, our client's mission is to strengthen their overall well-being, mental health, and intellectual development.

### POSITION OVERVIEW

The Clinical Counsellor is responsible for providing individual, family, and group counselling case management, education, advocacy, and consultation to support youth and their families or caregivers presenting with mental health, emotional or behavioural issues. The organization serves youth ages 12-21 for ongoing counselling, and ages 0-24 for walk-in counselling.

### ROLE OVERVIEW

In this role, you will have the opportunity to:

- Provide walk-in and crisis counselling as well as longer-term family, individual and group counselling.
- Make appropriate treatment recommendations in collaboration with clients.
- Assess effectiveness of counselling support and collaboratively alter approach to suit client needs.
- Prepare documents and other resources for client and group sessions – take clinical notes during counselling sessions, enter information, and prepare assessments and reports.
- Manage cases – follow up by telephone; make appropriate referrals; research and coordinate external services; locate and apply for funding to support clients; work with multidisciplinary professionals, such as child protection and youth justice.
- Report to appropriate person or body any incidents that may jeopardize client or staff safety.





- Develop professionally through supervision, team meetings, case consultations, external training events.
- Increase awareness of the organization by attending community events.
- Actively contribute to the Agency's Strategic Plan by participating in initiatives and committees to support the overall Plan.
- Take all reasonable and necessary precautions to protect their own health and safety and that of co-workers by complying and demonstrating knowledge of the policies, procedures and safe practices established by the organization.

### **QUALIFICATIONS & SKILL SETS**

- Master's Degree in Social Work, Psychology, or directly related discipline.
- Must be a full member in good standing with a relevant governing body.
- 2 years' experience in clinical counselling.
- Specialized training in clinical counselling models (such as CBT, Narrative, Solution-Focused etc.), training in evidence-based practices, familiarity with outcome informed approaches, training in trauma informed practice, diversity and anti-oppression.
- Training in trauma assessment and treatment, and standard assessments including but not limited to BERS-2, will be considered an asset.
- Knowledge of community services, relevant legislation, and social justice issues.
- Familiarity with suicide/risk assessment and crisis support services.
- Operating from an Anti-Black Racism lens.
- Flexibility to work evening hours of 2 evenings per week.

This is an amazing opportunity for a highly motivated individual who is passionate about helping marginalized and vulnerable youth! To apply, please contact Nicole at [nicole@podgroup.ca](mailto:nicole@podgroup.ca). We welcome an exploratory discussion with all those who have an interest and present their resume. For additional information, please visit [www.podgroup.ca](http://www.podgroup.ca).

